



Al Fong

Armine Barutyan

Olympic Coaches

PLAN NOW TO ATTEND DRAGON CAMPS 2010

Home of 2004 Silver medalists

Terin Humphrey & Courtney McCool!



Come to one of our Dragon Gymnastics camps!!

We don't have extracurricular activities like swimming, fishing, horseback riding, skits, etc.... Is that really what you want?.....Or do you want them to learn gymnastics easily, safely, correctly?



There are a lot of clinicians out there who pretend to be knowledgeable but lack credibility and meaningful accomplishments. What you should avoid is a "camp cowboy" who will chuck you through scary skills with zero progressions.

We're the experts with a lot to share. We have the best training stations and the perfect environment where your gymnasts can actually learn via osmosis by working out with our Dragon athletes. Our staff is the most knowledgeable and experienced and knows how to make gymnastics fun and fear free.

Just ask these coaches what they think about our camps.

- **Bill Corcoran - North Crest Gymnastics, St. Cloud, MN**
- **Tom & Donna Moretti - Triad gymnastics, Des Moines, IA**
- **Debbie Ward - Missouri Valley Gymnastics, Ozark, MO**
- **Annette Gonier - Mercury Gymnastics, Kansas City, MO**
- **Bruce McGartlin - North Shore Gymnastics, New Orleans, LA**
- **Jim and Donna Meinecke - Williams gymnastics and Dance, Fayetteville, AR**



You get to peek into our world as we build our next generation of international gymnastics stars!

We'll unlock the secrets to:

- **BAR RELEASES**
- **MULTIPLE TWISTING/FLIPPING BAR DISMOUNTS**
- **BEAM SYSTEMS & PROGRESSIONS**
- **FRONT AND BACK GIANTS - AND BEYOND**
- **21ST CENTURY VAULTING**
- **FRONT & BACK TWISTING MADE EASY**
- **NO FEAR DOUBLE BACKS AND DOUBLE FRONTS**
- **FLOOR DANCE WARM UP PREPARATION FOR GREAT FLOOR ROUTINES**



Our camps cost less than other typical camps. We have lots of hotels and tons of restaurants within walking distance, so you can stay where you want and eat what you like. (No such thing as "crummy camp food" here!).

Please call us to reserve your spot in one or more of our camps today!

Sincerely,

Al and Armine (Barutyan) Fong



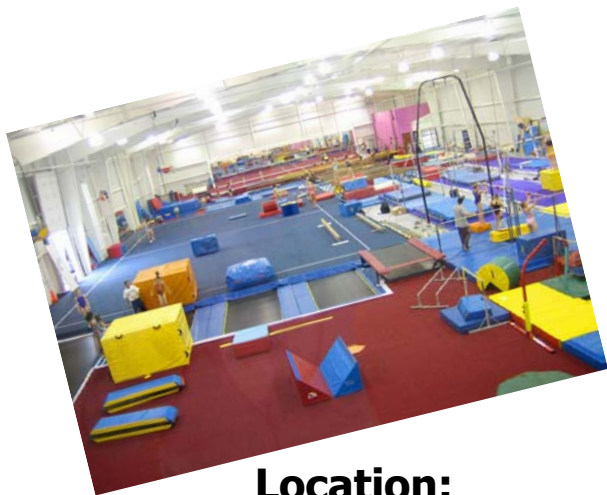
GAGE CENTER | 1101 NW JEFFERSON | BLUE SPRINGS, MO 64015
 T: 816.229.7775 | F: 816.229.5385 | E: INFO@GAGECENTER.COM | WWW.DRAGONGYMNASTICS.COM

GENERAL INFORMATION

Staff & Facility

Dragon Camp staff will include:

- Dragon Team coaches
- Clinicians from across the Nation
- Collegiate gymnasts
- Former Olympians
- **2004 USAG Coaches of the Year**
Armine Barutyan and Al Fong.



Location:

GAGE Center
1101 NW Jefferson
Blue Springs, MO 64015

Cost:

\$400/gymnast
(lodging & food not included)

Host Hotel:

LaQuinta Inns & Suites
3402 NW Jefferson St.
Blue Springs, MO 64015
816.988.9980



Armine Barutyan

Camps are available for all abilities. Gymnasts are grouped by skill levels and ages. Each camp will take place in our 25,000 sq ft **OLYMPIC TRAINING Facility.**

Dates Available for Summer 2010:

- **June 14-18, 2010** (limited availability)
- **June 21-25, 2010** (levels 4-10)

Payment Info:

- \$100 Deposit required to reserve your space.
- Balance Due one month prior to camp start date.
- Register early to assure first choice on session date.
- Multiple children and session discounts available.

***REGISTER BEFORE MAY 1, 2010 TO RECEIVE
\$50 OFF ON YOUR CAMP TUITION.***

VISIT WWW.GAGECENTER.COM FOR COMPLETE DETAILS!

