

DRAGON INVITATIONAL 2012
FEBRUARY 11, 2012
HOSTED BY: GAGE CENTER - BLUE SPRINGS, MO
COMPETITION VENUE: GAGE CENTER | 1101 NW JEFFERSON. | BLUE SPRINGS, MO 64015

COMPETITION SCHEDULE

ALL SESSIONS ARE MODIFIED CAPITOL CUP FORMAT.

INDIVIDUAL, ALL AROUND & TEAM AWARDS PRESENTED AT THE CONCLUSION OF EACH SESSION UNLESS NOTED.

SATURDAY, FEBRUARY 11, 2012

SESSION 1 - LEVEL 4, 5, & 6 (ALL AGES)		TEAMS
OPEN STRETCH	8:00 AM - 8:30 AM	LEVEL 4: GAGE, ST. LOUIS SPIRITS, SPIRIT EXPRESS
MARCH IN	8:30 AM - 8:40 AM	LEVEL 5: GAGE, EDGE-RIVERSIDE, ST. LOUIS SPIRITS, SPIRIT EXPRESS
TIMED WARM UP	8:40 AM - 8:51 AM	LEVEL 6: GAGE, EDGE-RIVERSIDE, ST. LOUIS SPIRITS, ,
COMPETITION	8:41 AM - 11:30 AM	INDIVIDUAL, ALL-AROUND AWARDS & TEAM AWARDS
AWARDS		
SESSION 2 – LEVELS 9 & 10/OPEN (ALL AGES)		TEAMS
OPEN STRETCH	12:00 PM - 12:30 PM	LEVEL 9: GAGE, GT PERFORMANCE, HOPES & DREAMS , NEBRASKA GOLD
MARCH IN	12:30 PM - 12:40 PM	PRAIRIE FIRE, ST. LOUIS SPIRITS, NEBRASKA TWISTERS
TIMED WARM UP	12:40 PM - 12:56 PM	LEVEL 10: GAGE, GT PERFORMANCE, NEBRASKA GOLD
COMPETITION	12:56 PM - 3:00 PM	
AWARDS		INDIVIDUAL, ALL-AROUND AWARDS & TEAM AWARDS
SESSION 3 – LEVELS 7, 8 & EXCEL (PREP)P (ALL AGES)		TEAMS
OPEN STRETCH	3:30 PM - 4:00 PM	LEVEL 7: GAGE, HOPES & DREAMS, NEBRASKA GOLD, PRAIRIE FIRE
MARCH IN	4:00 PM - 4:10 PM	ST. LOUIS SPIRITS
TIMED WARM UP	4:10 PM - 4:26 PM	LEVEL 8: GAGE, GT PERFORMANCE, HOPES & DREAMS, NEBRASKA GOLD
COMPETITION	4:26 PM - 7:00 PM	PRAIRIE FIRE, REGIONAL REC, NEBRASKA TWISTERS
AWARDS		EXCEL (PREP OP): IOWA GYM-NEST
		INDIVIDUAL, ALL-AROUND AWARDS & TEAM AWARDS

