

THE GAGE CENTER KID'S ACTIVITY CAMPUS

CHEERLEADERS ARE AMAZING ATHLETES!

No doubt about it. Cheerleaders are great athletes. With many of the same benefits of gymnastics and dance, plus a unique team element. Cheerleading has developed into a challenging and exciting sport. It is a tremendous experience for kids to make new friends, be part of a team, and to enhance valuable life skills.

Cheer & Stunt Classes

Choose from a multi-skill Cheerleading class which encompasses cheerleading & tumbling skills or focus on your stunting skills with our Co-Ed Stunt class.

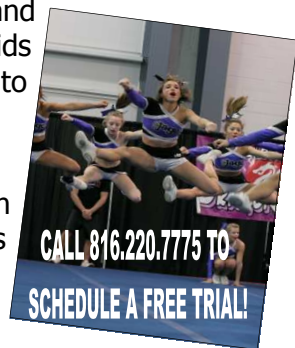
School Cheer 101

This class is geared towards Jr /High School aged students (14-18 yrs) and will focus on skills needed to make the High School cheer teams/Varsity or just work on needed skills.

Recreational Cheer Teams

No experience required. These teams focus on Level 1-2 development. Each non-competitive team will practice one time per week and exhibition 3-4 times per year around KC area.

- Team Sparks (Special Needs)
- Team Absolute (3-8 years) | Team Dominant (9-12 years)



CHEER CLASSES & RECREATIONAL TEAMS

1 hour/week - \$59/Month

CHEER	Description	MON	WED	THURS
CO-ED STUNT CLASS	AGES 10-18 YEARS	6:00		
CHEERLEADING CLASS	AGES 5 & UP			6:00
SCHOOL CHEER 101	AGES 14-18 YEARS		7:00	
REC TEAM ABSOLUTE	AGES 3-8 YEARS		6:00	
REC TEAM DOMINANT	AGES 9-14 YEARS			7:00

MONTHLY FEES DO NOT INCLUDE THE ANNUAL FAMILY REGISTRATION FEE

The Gage Center | 1101 NW Jefferson | Blue Springs, MO 64015
816.220.7775 | gagecenter.com



GAGE ALL-STAR CHEER SQUADS

GAGE Center is home to eight All-Star Squads directed by Jamie Gumina. Squads are available for all age and skill levels with traveling and non-traveling options.

- Level 1 or 2 / 5-8 years
- Level 2 / 9-11 years
- Level 2 / 12-18 years
- Level 3 / 12-18 years
- Level 4 / 12-18 years
- Level 5 / 12-18 years

The Level 5 squad won bids to the World Championships the last three years and the Level 3 & 4 squads won full paid bids to the Cheer Nationals in 2009-2011.



These competitive squads have try-outs in late Spring each year, but athletes may be evaluated privately later on in the season. These cheerleaders compete at local, regional and national level competitions throughout their season.

Flip-Flop Classes

Tumbling Classes

These co-ed tumbling & trampoline classes focus on tumbling skills specific to the needs of cheerleading, perfect for those already on squads, or for those wanting to try-out. Classes are offered in five skill levels from beginner basics to advanced full twists & more.



Custom School Squad Class: Arrange a custom curriculum just for your squad. We will tailor a class to meet your squad's needs. Call **816.220.7775** for specifics.

BACK-HANDSPRING CLINICS:

These clinics are offered throughout the week to work on your tumbling skills. This is a great opportunity for extra practice, whether you are preparing to try out for a cheerleading squad, you're already on a squad, or you just want to learn to do a back handspring. These are not necessarily instructional classes, but more of a supervised practice time. **YOU** tell **US** what you need help on and we'll have the coaches there to help. The great part about this is you have access to our spring floor, air track, trampolines, mirrors, stereo, and the long tramp. All that, and our highly trained coaching staff, creates a safe practice place for you.

Clinics are open to GAGE members & non-members ages 5 and up. Visit **www.gagecenter.com** for days, times, release forms & pricing info.